



Hi there! I'm your  
Rho Gamma 🤗 🌈



# Icebreaker

- Alisa (uh-lee-suh)
- Senior
- Petaluma, CA
- Once the pandemic's over I'll hug all my lil friendsies and relatives 🤗

What else will we all do?

- Concerts & festivals 🎵🎶
- Hang out with friends 🤗👋
- Travel 🌍🌍🌍
- See our grandparents 🥺
- Vibe 😄



# Communication

- What am I here for?
  - ◎ Here to support you every step of the way!!
  - ◎ Answer any questions/concerns you have
  - ◎ Offer you solace and whatever advice I have based on my personal experience
  - ◎ U can like cry to me if that's what ur into - warning: i will cry w you ❤️
  - ◎ U can also celebrate and dance w me if that's what ur into 🥳
- Text/call/facetime me literally whenever. I'm free 24/7: (707)775-8238
- Text in the groupchat whenever
- When we meet, my Zoom ID is: 463 843 8111
  - ◎ I'll hop on whenever
  - ◎ You can also find me in the PNM Well-Being Room: ID - 978 2792 4695





# Some random stuff

- Some events will have more people in attendance than others
  - ◉ Doesn't matter/mean anything
- You have to attend all the events you receive an invitation to
  - ◉ Failure to attend an event may jeopardize the ability to receive an invitation
- Each sorority has a minimum GPA to be considered for membership and initiation
  - ◉ Check them out in the PNM handbook
- All organizations have policies against hazing so don't stress
  - ◉ If ANYONE makes you uncomfortable lmk asap
- No men (in the room/frat parties) or alcohol during recruitment



# Some more stuff

- You're not required to use the provided background
  - ◎ If you don't, find a comfortable space with a background that has minimal distractions
  - ◎ You can't use a virtual background that isn't the provided background
- Don't send or respond to private messages in the chat box
  - ◎ Let me know if this happens - super unacceptable!
- Conflict form
  - ◎ Fill it out if you have any conflicts
  - ◎ If you don't get an email from Panhellenic after you've submitted then your conflicts are approved

# Schedule

## DAY *by* DAY

Day 1 events are 25-minutes long | Day 2 events are 35-minutes long  
 PNMs enter selections with their Rho Gamma by 11:59PM PST on Rounds 1.5 & 2.5

**Arrive at all events at least 5 minutes early.**

MON JAN 25

### *round 1*

**7:00PM-10:25PM PST**

Schedules are released on Campus

Director at 6:20PM PST

Meet Rho Gam group at 6:20PM

Event 1: 7:00PM- 7:25PM PST

Event 2: 7:45PM- 8:10PM PST

Event 3: 8:30PM- 8:55PM PST

Event 4: 9:15PM- 9:40PM PST

Event 5: 10:00PM-10:25PM PST

TUES JAN 26

### *round 1.5*

**7:00PM-10:25PM PST**

Schedules are released on Campus

Director at 6:20PM PST

Meet Rho Gam group at 6:20PM

Event 6: 7:00PM- 7:25PM PST

Event 7: 7:45PM- 8:10PM PST

Event 8: 8:30PM- 8:55PM PST

Event 9: 9:15PM- 9:40PM PST

Event 10: 10:00PM-10:25PM PST

WED JAN 27

### *round 2*

**7:00PM-10:25PM PST**

Schedules are released on Campus

Director at 6:20PM PST

Meet Rho Gam group at 6:20PM

Event 1: 7:00PM- 7:35PM PST

Event 2: 7:55PM- 8:30PM PST

Event 3: 8:50PM- 9:25PM PST

Event 4: 9:45PM- 10:20PM PST

THURS JAN 28

### *round 2.5*

**7:00PM-10:25PM PST**

Schedules are released on Campus

Director at 6:20PM PST

Optional: Yoga Flow Beginner's Class for

PNMs at 3:00-3:50PM PST

Meet Rho Gam group at 6:20PM

Event 5: 7:00PM- 7:35PM PST

Event 6: 7:55PM- 8:30PM PST

Event 7: 8:50PM- 9:25PM PST

Event 8: 9:45PM- 10:20PM PST

# Schedule

## DAY *by* DAY

Day 3 events are 45-minutes long | Day 4 events are 1-hour long  
 PNMs enter selections with their Rho Gamma by 11:59PM PST after Round 3

**Arrive at *all* events at least 5 minutes early.**

FRI JAN 29

## *round 3*

**4:00PM-10:20PM PST**

Schedules are released on Campus  
 Director at 3:20PM PST

Optional: Yoga Flow Beginner's Class  
 from 11:00-11:50AM

Optional: Pilates Beginner's Class  
 from 12:00-12:45PM

Meet Rho Gam group at 3:20PM

Event 1: 4:00PM- 4:45PM PST

Event 2: 5:05PM- 5:50PM PST

Event 3: 6:10PM- 6:55PM PST

Break: 6:55PM- 7:25PM PST

Event 4: 7:25PM- 8:10PM PST

Event 5: 8:30PM- 9:15PM PST

Event 6: 9:35PM- 10:20PM PST

SAT JAN 30

## *round 4*

**8:00AM-11:40AM PST**

Meet Rho Gam group at 7:20AM

Event 1: 8:00AM- 9:00AM PST

Event 2: 9:20AM- 10:20AM PST

Event 3: 10:40AM- 11:40AM PST

Event 4: 12:00PM- 1:00PM PST

SAT JAN 30

## *bid day*

**4:00PM-6:30PM PST**

PNMs must attend a MRABA Signing Session  
 after their last event to enter their selections.  
 Meeting IDs are on Campus Director. The  
 last MRABA Signing Session is at 1:05PM PST.


Bid distribution: 4PM PST

Virtual bid day celebrations: 4:30PM PST

The Southern California Stay-At-Home  
 Order prevents any unessential in-person  
 gatherings.



# Other schedule stuff

- Everything's in the PNM handbook - so helpful wow
  - When we meet as a group -
    - ◎ I'll have announcements, general stuff, maybe a meditation here and there
    - ◎ Then I'll send you off to go to the sororities you were invited back to
      - Their Zoom IDs & times of events are on Campus Director
    - ◎ After you check, you can text/call/ft me or hop back onto my Zoom if you want to chat
  - After rounds 1.5, 2.5, and 3 we'll meet individually for selections whenever you're done
    - ◎ Except after round 4 (Saturday, Pref Morning) you'll go to MRABA signing to enter your selections
    - ◎ I can't give you advice on what to put on your form - that's up to you!
- 






# Zoom stuff

- Always log in with your chapman email
- Change your name to: PNM - first name last name (preferred pronouns)
  - ⦿ Ex. PNM - Alisa Dreyer (she/her)
- Show up to the waiting room 10 minutes before each event starts
  - ⦿ 5 minutes at the absolute latest
  - ⦿ Make sure it's the right event/has the right name of the sorority
- If you have zoom issues, go to the tech support team
  - ⦿ Zoom ID: 978 6924 8755
  - ⦿ I can try to help but as u can tell .. idk how much i can help



# Tomorrow WOO

- Go Greek Day!!!
  - Panhellenic recruitment shirt or white t-shirt
    - ◎ Literally doesn't matter - whichever you're comfy in
    - ◎ Will wear on day 1.5 (aka Tuesday) as well
  - Meeting as a group at 6:20pm
    - ◎ My Zoom ID: 463 843 8111
  - Events will be from 7:00pm - 10:25pm
    - ◎ You can find each Zoom ID and times on Campus Director
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# Common concerns/Advice

## Conversations

- ★ Let your most natural and authentic self shine through because you'll want to join a community where you feel comfy and don't have to keep up a persona in the long run
- ★ Some convos will be short but that just gives you less time to overthink your response
- ★ Don't overthink what you'll say or plan too far in advance unless you want to ask questions about stuff like: scholarships, philanthropy, social life, sisterhoods, activities, costs and time, member education, lifelong benefits, leadership, and personal experiences

## Zoom

- ★ Yes, physical energy is easier to read, but each sorority is doing all that they can to replicate that same atmosphere
- ★ You'll mostly be speaking with actives one-on-one so just focus on the conversation at hand and remember that there's a real person on the other side of the screen

## Selections

- ★ Throughout recruitment you'll discover exactly where you belong - you'll feel it i swear
- ★ Acknowledge/be mindful of your confidence and comfort level during each event and take those emotions into consideration during selections
- ★ No matter where you end up, you'll form empowering relationships that you can learn and grow through every day

## My Advice

- ★ Go into each event with the intention of:
  - Finding new friends and meeting people who come from all different backgrounds
  - Learning about yourself and the way in which you communicate/portray your true self
  - Growing through an overwhelming experience that brings out unfamiliar emotions/discomfort sometimes